

Kincraig Primary School and Nursery



Bottle Feeding Policy

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Formula Milk

Staff at Kincraig Nursery follow guidelines for preparing formula milk for infants in accordance with information published by the World Health Organisation and NHS guidance.

We ask that parents help with this in the following way:

- Bring in your infants bottle sterilised and fully assembled with the teat and lid in place. This prevents the inside of the sterilised bottle and the inside and outside of the teat from being contaminated. (Alternatively the Nursery can provide a fully-sterilised bottle for feeding baby, if required.)
- Provide the formula powder inside an un-opened, original container: this is the best way for practitioners to ensure they are preparing feeds correctly, in accordance with the guidelines detailed on the packet or tin.
- Label the formula container with the child's full name and date of opening.

According to the guidance the best way to prevent a baby becoming ill is to make up all formula feeds fresh, as and when they are required by the baby, using sterilised bottles. This prevents and removes the harmful bacteria that could grow and feed and make infants ill.

Kincraig Nursery will follow the routine below to ensure best practice when carrying out this task:

- Clean the surface thoroughly on which to prepare the food.
- Wash hands with soap and water and then dry with a cool cloth.
- Boil fresh tap water in a kettle. Important: Allow the boiled water to cool to no less than 70°C. This means in practice using water that has been left covered, for less than 30 minutes after boiling. Pour the amount of boiled water required into the sterilised bottle.
- Add the exact amount of formula as instructed on the label.
- Re-assemble the bottle following the manufacturer's instructions.
- Shake the bottle well to mix the contents.
- Cool quickly to feeding temperature by holding under a running tap, or placing in a container of cold water.
- Check the temperature by shaking a few drops onto the inside of your wrist – it should feel lukewarm, not hot.
- Discard any feed that has not been used within two hours.

We are unable to re-heat or serve pre-prepared formula brought from home. We recognise that parents may wish to provide pre-prepared milk in sealed cartons so when re-warming milk feeds for babies, the practitioners will carry out the following guidelines.

- Transfer the formula to a sterile bottle.

- Re-warm using a bottle warmer, or by placing in a container of warm water. Microwaves should **never** be used for re-warming a feed.
- Shake the bottle to ensure the feed has heated evenly.
- Check the feeding temperature by shaking a few drops onto the inside of the wrist – it should be lukewarm, not hot.
- It is bad practice to leave a bottle warming for longer than 15 minutes. Therefore any feed that is accidentally left to heat for longer than 15 minutes will be discarded.

Policy last updated 01/09/25

The EYFS Bottle Feeding Policy will be reviewed and modified on a regular basis at least every two years or when legislation makes this necessary.

It is possible to add amendments to this document prior to a review and these will be incorporated into the next issue. To add comments please complete the information on this sheet adding the date and signing where indicated.

Name of person responsible for policy – Miss Lucy Cross and Miss Nicole Caldwell

Policy adopted by the Governing Body –

Signed: _____

Date	Proposed Amendment	Signed