



Blackpool Catering Services

LUNCH TIME MENU

WEEK 1

18/04, 09/05
13/06, 04/07
25/07, 19/09
10/10



MONDAY

(v) Pasta in Tomato & Basil Sauce with Crusty Wholemeal Bread or
(v) Cheese & Tomato Pizza Margherita
~
Baked Beans and Sweetcorn
~
Jacket Potato with RS Baked Beans Cheddar Cheese Sandwich Salad and Homemade Coleslaw
~
Mandarin Orange Cheesecake



TUESDAY

Roast Chicken with Sage & Onion Stuffing and Gravy or
(v) Quorn Chicken Fillet with Sage & Onion Stuffing and Gravy
~
Diced Potatoes, Baton Carrots and Garden Peas
~
Jacket Potato with Cheddar Cheese Egg Mayonnaise Sandwich Salad and Homemade Coleslaw
~
Ginger Cake



WEDNESDAY

Beefburger and Seasoned Potato Wedges or
(v) Veggie Hotdog with Seasoned Potato Wedges
~
RS Baked Beans & Coleslaw
~
Jacket Potato with Tuna Mayo Roast Turkey Sandwich Salad and Potato Wedges
~
Iced Chocolate Cake

THURSDAY

Chicken Tikka Curry & Naan Bread or
(v) Baked Cheese and Tomato Tortilla Wrap
~
Steamed Rice and Mixed Veg
~
Jacket Potato with Cheddar Cheese Roast Ham Sandwich Salad and Homemade Coleslaw
~
Mixed Fruit Jelly



FRIDAY

Crispy Battered Fish and Chips or
(v) Birds Eye Golden Vegetable Fingers with Chips
~
Garden Peas or Baked Beans
~
Jacket Potato with RS Baked Beans Tuna Mayonnaise Sandwich Salad and Chips
~
Raspberry Bun

WEEK 2

25/04, 16/05
20/06, 11/07
05/09, 26/09
17/10

MONDAY

(v) Pasta Bake in Tomato Sauce with Garlic Bread or
(v) Crispy Cheddar Cheese Whirl
~
Mixed Vegetables
~
Jacket Potato with Cheddar Cheese Roast Turkey Sandwich Salad and Homemade Coleslaw
~
Ice-Cream Pot

TUESDAY

Roast Beef, Yorkshire Pudding, Creamy Mashed Potato and Gravy or
(v) Quorn Chicken Fillet and Gravy
~
Diced Carrot, Swede & Cauliflower
~
Jacket Potato with RS Baked Beans Egg Mayonnaise Sandwich Salad and Homemade Coleslaw
~
Jam Sponge

WEDNESDAY

All Day Breakfast: Sausage, Omelette, Hash Brown and Beans or
(v) All Day Veggie Breakfast
~
Crispy Diced Potato
~
Jacket Potato with Tuna Mayo Roast Ham Sandwich Salad and Crispy Diced Potato
~
Chocolate Brownie

THURSDAY

Chicken, Cheese and Tomato Pasta with Wholemeal Bread or
(v) Sweet Potato and Butternut Squash Korma, Steamed Rice and Naan Bread
~
Broccoli and Garden Peas
~
Jacket Potato with Cheddar Cheese Cheddar Cheese Sandwich Salad and Homemade Coleslaw
~
Strawberry Shortbread Mousse



FRIDAY

Young's Crispy Battered Fillet of Salmon with Chunky Chips or
(v) Simply Meat-Free Burger & Chunky Chips
~
Garden Peas & Sweetcorn
~
Jacket Potato with RS Baked Beans Tuna Mayonnaise Sandwich Salad and Chips
~
Mini Donuts and Berry Sauce

WEEK 3

02/05, 23/05
27/06, 18/07
12/09, 03/10



MONDAY

(v) Pasta Arrabiatta with crusty garlic bread or
(v) Quorn and Vegetable Keemah with Naan Bread and Rice
~
Broccoli & Cauliflower
~
Jacket Potato with RS Baked Beans Cheddar Cheese Sandwich Salad and Coleslaw
~
Iced Raspberry Ripple

TUESDAY

Pork Sausage & Gravy or
(v) Quorn Sausages & Gravy
~
Creamy Mash, Cabbage and Carrots
~
Jacket Potato with Cheddar Cheese Egg Mayonnaise Sandwich Salad and Coleslaw
~
Vanilla Sponge & Custard

WEDNESDAY

Creamy Chicken and Ham Pie with Seasoned Potato Wedges or
(v) Sausage Roll and Seasoned Potato Wedges
~
Baked Beans
~
Jacket Potato with Tuna Mayo Roast Turkey Sandwich Salad and Wedges
~
Chocolate & Mandarin Mousse

THURSDAY

Chicken Balti Curry, Steamed Rice & Naan Bread or
(v) Cheese & Tomato Pizza
~
Peas & Sweetcorn
~
Jacket Potato with Cheddar Cheese Roast Ham Sandwich Salad and Homemade Coleslaw
~
Fruit Muffin



FRIDAY

Crispy Battered Fish and Chips or
(v) Quorn Chicken Nuggets and Chips
~
Peas or Baked Beans
~
Jacket Potato with RS Baked Beans Tuna Mayonnaise Sandwich Salad and Chips
~
Golden Oat and Cherry Cookie



AVAILABLE DAILY: wholegrain bread basket, yoghurts, a freshly prepared selection of fruit and fresh water - All our menus are compliant with the School Food Standards—we source as much of our produce locally and where possible we source farm assured meats, MSC fish and free range eggs. Lo-Salt is always used as well as low fat milk and yoghurts —we have reduced sugar by 10% in all our recipes. If you require advice regarding allergens, please contact the Unit Catering Manager