

Kincraig Primary School and Nursery



Breast Feeding Policy



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Breast Milk

Staff at Kinraig Duckling's Nursery we aim to make our mothers feel comfortable in our nursery should they wish to breastfeed their babies whilst here.

Partnership with Parents:

We display the breastfeeding welcome sign within the nursery.

Staff will provide the mother with a comfortable seat this could be anywhere within the nursery or somewhere private if necessary. We will provide hand washing facilities and access to refreshments.

Expressed milk can be stored either in our fridge or may be brought in frozen, where we follow guidance.

The babies feeding routing will be discussed with mother and key worker to make arrangements for the mother to come in to breastfeed/express. This maybe verbal or written in the all about me document completed on induction. If the parent wishes to change their child's routine then a note can be made in their home-nursery communication book or verbally when attending the setting.

The baby will be given cooled boiled water between feeds.

The Role of the Keyworker:

The Keyworker shares a special bond with the parent and child and will be on hand daily to speak to parents. They will also: share important information, record information to include time of feeds, amount of milk, and who it have been given by, this can be verbally or written. The keyworker will have clear communication with parents regarding labelling i.e. date and time when milk was expressed.

Preparation:

- Good hygiene is paramount before and after preparation of feed. Clean the surface thoroughly on which to prepare the feed.
- Wash hands with soap and water and then dry with a cool cloth.
- Transfer the breast milk to a sterile bottle – if frozen see guidelines below.
- Warm using a bottle warmer, or by placing in a container of warm water – Microwaves should never be used for re-warming a feed.
- Shake the bottle to ensure the feed has heated evenly.
- Check the feeding temperature by shaking a few drops onto the inside of the wrist – it should be lukewarm, not hot.

- It is bad practice to leave a bottle warming for longer than 15 minutes. Therefore any feed that is accidentally left to heat for longer than 15 minutes will be discarded.
- Discard any feed that has not been used within a hour.

When preparing breast milk from frozen, the breast milk should be defrosted by swirling in a bowl of warm water first before transferring to a sterilized bottle – not microwave or hot water.

Milk to be given following parents’ wishes, i.e. from fridge, room temperature or heated.

Storage:

Breast milk can be stored in the main body of the fridge or if frozen in the freezer. This will have to be transported in an insulated cool bag.

If milk shows any sign of thawing do not re-freeze.

Fridge/freezers are monitored every day for temperature control measures and recorded. In accordance with information produced by the NHS guidelines, breast milk can be stored in the fridge for up to 5 days at 4oC or lower.

All breast milk needs to be stored with a clear label and date of expression.

Policy last updated 01/09/21

The procedure for Breast Feeding Policy will be reviewed and modified on a regular basis at least every two years or when legislation makes this necessary.

It is possible to add amendments to this document prior to a review and these will be incorporated into the next issue. To add comments please complete the information on this sheet adding the date and signing where indicated.

Name of person responsible for policy – Miss Lucy Cross

Policy adopted by the Governing Body –

Signed: _____

Date	Proposed Amendment	Signed

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