



# HOME START

**Blackpool,  
Fylde & Wyre**

*Merry Christmas*

**from**

**Pat, Gill, Lesley, Theresa, Hilda, Shelagh,  
Julie, Lisa, Tracey, Steph, Charlotte and Sue**

**Christmas Newsletter 2019**

# Contents

---

Stay And Play Sessions.....	3
Christmas Activities.....	3
What Parents Need To Know About Social Pressures Linked To ‘Likes’ .....	4
Reading With Your Child.....	5
Twas The Night Before Christmas .....	6
The Countdown To Christmas .....	7
Bake Some Christmassy Food .....	8
Out And About.....	10
Christmas Crossword .....	11
Christmas Word Search.....	11
Christmas Colouring .....	12
Projects.....	13
Volunteers.....	15
Our Volunteers.....	16
Fundraising Shop .....	17



# Stay and Play Sessions

## MONDAY

10:00am - 11:30am

At

St Joseph's Catholic Primary School  
Garstang Road North  
Wesham Kirkham  
PR4 3HA



## TUESDAY

10:00am - 11:30am

At

Fleetwood Trinity Methodist Church  
Fleetwood Road  
Fleetwood  
FY7 8HN



## WEDNESDAY

10:00am - 11:30am

At

St Thomas' Church  
Community Centre  
St Thomas' Road  
Lytham St Annes  
FY8 1JL



**Christmas closing times week commencing 23rd December.  
Re-open after Christmas week commencing 6th January 2020**



Come and gain parenting confidence

Get out of the house and meet other parents for support, advice, guidance and friendly chats

Give your child a time and a place to play with other children

Give yourself a chance to play with your child in a safe, fun and relaxed place

## Christmas Activities

### Stanley Park Christmas Carols & Songs

22nd December

14:00 to 15:30. The wonderful Christmas Carols and Songs sing-a-long celebration event will this year be on Sunday 22nd December 2019 on Stanley Park Bandstand. Full details including final timing to be announced. Make a date in your diary. Hosted by Blackpool Council Parks Services and The Friends of Stanley Park.

**Many car parks within Blackpool town centre are proud to offer £1 for any 3 hour period throughout December time....**

# What parents need to know about **SOCIAL PRESSURES LINKED TO 'LIKES'**

'Likes' are a simple way for users to show that they like a post on social media. This could be anything from photos and videos to status updates and comments. The feature is widely used on several social media platforms and is extremely popular on Instagram and Facebook. It is often used by children to measure the success of their social media post and gauge opinion. However, it can also bring a number of social pressures, particularly if users start to question their own levels of popularity.

## **DAMAGING TO SELF-ESTEEM**

Your child may use likes to measure their own self-worth, with more likes instilling a greater level of confidence and acceptance amongst their friends and peers. However, children who only receive a small number may in turn feel a sense of rejection or isolation and could potentially suffer from low self-esteem issues, impacting them in other aspects of their life such as at school or in social settings.

## **UNREAL VIEW OF THE WORLD**

Your child may follow celebrities or other popular individuals on social media who receive millions of likes. Not everything on social media is a true reflection of the world and your child may feel pressured into behaving in a similar way in real life or posting similar material in order to feel popular and achieve a similar level of self-worth.

## **AN ADDICTIVE FEATURE**

Like features encourage children to stay online for longer. In doing so, your child is likely to engage with app's for longer periods than they otherwise would have wanted, checking their phone more frequently, including at night when they should be asleep. This could contribute towards screen addiction which can cause sleep deprivation and consequently a lack of focus during the next day at school.

## **COMPETITIVE CULTURE**

Children will often compare the number of likes they receive for their post against their friends or followers, possibly evoking emotions of jealousy or resentment. In a bid to increase their own status and receive more likes, this could lead to a competitive culture in which children try to better one another, potentially leading to them engaging in more and more riskier activities.

## **FOLLOW OR BEFRIEND YOUR CHILD ONLINE**

Using the same social media sites as your child and connecting with them online will allow you to keep an eye on what their interests are and who may be influencing them. Following their likes will help you build a picture of what your child is being exposed to and what they find interesting.

## **MONITOR MENTAL HEALTH**

If your child does post on social media, it is important to monitor their feelings and emotions, supporting them and encouraging them to talk to you about what they may be experiencing. Explain to them that not everything online is real and that life is not dictated by how many likes a post may or may not get.

## **ENCOURAGE HOBBIES OR OTHER ACTIVITIES**

Try to help reduce your child's screen time and need for social media through encouraging them do other things such as a sport or hobby or simply playing with friends outdoors. Supporting them to take up other activities that they enjoy can also help build self-esteem and increase their own confidence.

## **DISCUSS THE REAL WORLD**

Talk to your child about online perceptions and about what they feel is and isn't important in their life. Try to establish an open and honest conversation and speak about what they feel is acceptable to post online and if they feel pressure to conform.

## **HELP TO BUILD YOUR CHILD'S SELF ESTEEM**

Try to help build your child's self-esteem through positivity and praise and listening to them if they are struggling with the way they look or feel. Talk to them about the positive aspect of their personality and help them understand that looks aren't everything. Try not to criticise or blame your child which could compound any negative thoughts they are already feeling.



# Reading with your child

Get in the Christmas spirit with a Christmas story (or two!).

Whether it's the beginning of December or Christmas Eve, fantastic festive stories like *A Christmas Carol*, *The Chronicles of Narnia* or *Christmas with the Savages* will help you spread a little festive cheer and spend some quality time together.

## Drawing

Depending on the age of your child, you can incorporate drawing in different ways. For a young child, you can read a story with them and then have them draw their favourite part of the story. For an older child, you can stop in the middle of a story, and ask the child to draw a picture of what they think will happen next.



## Tent Reading

Drape a large blanket over some pillows or the couch to make a quick tent. Then, snuggle up with your child to enjoy reading books together.



## Play Dough Fun

For younger children, you can select a word and have your child practice reading the word and then make the letters out of play dough.

This will make it easier for them to identify common words as they are reading. For older children, they can create the setting, characters, or a face with the feelings of the character from a part of the book they are reading out of play dough.

## Shared Reading

Select a page from a story, a poem, or passage from a book. Then read a line or sentence at a time using different voices. After you read, your child can repeat the line or sentence by trying to imitate how you read it.

## Puppet Show

After reading a story, you can have your child retell the story by putting on a puppet show. This can be as simple as setting a blanket on a table for a stage and they get behind to act out the story. Parents feel free to get in on the action to make it more fun and engaging.

## Books Online

Search for your child's favourite stories online. There are several websites and YouTube videos that have videos of books being read aloud. This is a great way to mix things up. I always suggest previewing the content and sitting next to your child when watching videos online.



# Twas the Night before Christmas

by Clement Clarke Moore

**T**was the night before Christmas, when all through  
the house

Not a creature was stirring, not even a mouse.  
The stockings were hung by the chimney with care,  
In hopes that St Nicholas soon would be there.

The children were nestled all snug in their beds,  
While visions of sugar-plums danced in their heads.  
And mamma in her 'kerchief, and I in my cap,  
Had just settled our brains for a long winter's nap.

When out on the lawn there arose such a clatter,  
I sprang from the bed to see what was the matter.  
Away to the window I flew like a flash,  
Tore open the shutters and threw up the sash.

The moon on the breast of the new-fallen snow  
Gave the lustre of mid-day to objects below.  
When, what to my wondering eyes should appear,  
But a miniature sleigh, and eight tiny reindeer.

With a little old driver, so lively and quick,  
I knew in a moment it must be St Nick.  
More rapid than eagles his coursers they came,  
And he whistled, and shouted, and called them by name!

"Now Dasher! now, Dancer! now, Prancer and Vixen!  
On, Comet! On, Cupid! on, on Donner and Blitzen!  
To the top of the porch! to the top of the wall!  
Now dash away! Dash away! Dash away all!"

As dry leaves that before the wild hurricane fly,  
When they meet with an obstacle, mount to the sky.  
So up to the house-top the coursers they flew,  
With the sleigh full of Toys, and St Nicholas too.

And then, in a twinkling, I heard on the roof  
The prancing and pawing of each little hoof.  
As I drew in my head, and was turning around,  
Down the chimney St Nicholas came with a bound.

He was dressed all in fur, from his head to his foot,  
And his clothes were all tarnished with ashes and soot.

A bundle of Toys he had flung on his back,  
And he looked like a peddler, just opening his pack.

His eyes-how they twinkled! his dimples how merry!  
His cheeks were like roses, his nose like a cherry!  
His droll little mouth was drawn up like a bow,  
And the beard of his chin was as white as the snow.

The stump of a pipe he held tight in his teeth,  
And the smoke it encircled his head like a wreath.  
He had a broad face and a little round belly,  
That shook when he laughed, like a bowlful of jelly!

He was chubby and plump, a right jolly old elf,  
And I laughed when I saw him, in spite of myself!  
A wink of his eye and a twist of his head,  
Soon gave me to know I had nothing to dread.

He spoke not a word, but went straight to his work,  
And filled all the stockings, then turned with a jerk.  
And laying his finger aside of his nose,  
And giving a nod, up the chimney he rose!

He sprang to his sleigh, to his team  
gave a whistle,  
And away they all flew like the  
down of a thistle.

But I heard him exclaim,  
'ere he drove out of sight,  
"Happy Christmas to all,  
and to all a good-night!"



## Christmas Activities

Watch a Christmas movie at home.

Nothing says Christmas like a good ol' Christmas movie. Grab a hot chocolate and a sweet treat from a selection box and pick a spot on the sofa. Look out for the latest listings – there's always some well-loved Puffin classics on like *The Snowman*, *Little Women* or even some festive hi-jinks with *Dr Who* (if TV is more your thing!).

## Craft some Christmas decorations for your tree

Get crafty and make some homemade decorations for your tree. Search on line for tips, tricks and plenty of free printables.

# The Countdown to Christmas



## Weeks Before

### The write stuff

Don't underestimate the importance of a good list at Christmas. Start yours early and keep it to hand for when things come to mind. Remember to tick items off as you go.

### What's in store

Buy non-perishable items like wine, spirits, condiments, chocolates or crackers early so you can be more focussed when it comes to buying fresh food.

### Clear the decks

Spend time digging out all of the decorations and cards from last year. Clean out your fridge, freezer and food cupboards to make room for what's to come.

### Stuff the stuffing

Why not make your stuffing in advance this year? It helps the flavours to develop and will be one less thing to worry about on the day.



## Days Before

1. Things not to forget on that last trip to the shops.
  - Everyday essentials, like milk, bread, eggs, butter & cream (they're easily forgotten among all the Christmas goodies)
  - Streaky bacon and chipolata sausages for pigs in blankets
  - Orange juice for Christmas breakfast/bucks fizz
  - Check potato, parsnips, sprouts, carrots & cranberry sauce stocks
  - Nuts, clementine's, dates and turkish delight for nibbling
  - Don't forget children's stocking fillers!
2. Don't forget to take any frozen items out of the freezer. (remember, a large turkey needs at least 24 hours to defrost)
3. Make your own brandy butter in advance (if you are making your own).
4. Make, or start to prepare, your stuffing so it doesn't slow you down on Christmas morning.
5. Prepare any veg that can be started in advance, such as peeling potatoes and trimming sprouts



# Bake some Christmassy food

## Gingerbread People

### Ingredients

- 175g dark muscovado sugar
- 85g golden syrup
- 100g butter
- 350g plain flour, plus extra for dusting
- 1 tsp bicarbonate of soda
- 1 tbsp ground ginger
- 1 tsp ground cinnamon
- 1 egg, beaten

### To decorate

- ready-made writing icing
- chocolate buttons or small sweets (optional)

### Method

1. Melt the sugar, golden syrup and butter in a saucepan, then bubble for 1-2 mins. Leave to cool for about 10 mins.
2. Tip the flour, bicarbonate of soda and spices into a large bowl. Add the warm syrup mixture and the egg, stir everything together, then gently knead in the bowl until smooth and streak-free. The dough will firm up once cooled. Wrap in cling film and chill for at least 30 mins.
3. Remove the dough from the fridge, leave at room temperature until softened. Heat oven to 200C/180C fan/gas 6 and line two baking trays with baking parchment.
4. Roll out the dough to the thickness of a £1 coin, then cut out gingerbread people with a cutter. Re-roll the excess dough and keep cutting until it's all used up.
5. Lift the biscuits onto the trays and bake for 10-12 mins, swapping the trays over halfway through cooking. Leave to cool on the trays for 5 mins, then transfer to a wire rack to cool completely. Use the icing to decorate the biscuits as you wish, and stick on sweets for buttons. Leave to dry for 1-2 hrs. Will keep for up to three days in an airtight container.

Recipe from Good Food magazine, November 2017



## Festive Fudge

### Ingredients

- 3 Cups (18 oz.) semi-sweet chocolate chips
- 1 Original Sweetened Condensed Milk
- Dash of Salt
- 1/2 to 1 cup chopped nuts, optional
- 1 1/2 tsp. vanilla extract

### Method

1. In heavy saucepan, over low heat, melt chips with condensed milk and salt. Remove from heat, stir in nuts and vanilla. Spread evenly into wax paper lined 8 or 9 inch square pan.
2. Chill 2 hours or until firm. Turn fudge onto cutting board, peel off paper and cut into squares. Store covered in refrigerator

Nothing says Christmas like some brilliant bakes. So get your pinny on and flour those work surfaces, because it's time to get messy!

## Rudolph shortbread

### Ingredients

- 200g salted butter, softened
- 2 tsp vanilla extract
- 85g golden caster sugar
- 85g ground rice
- 225g plain flour, plus extra for dusting
- 3 tbsp icing sugar
- 8 red Smarties
- 16 white sweets or white chocolate buttons, for the eyes (we used Waitrose Cooks' Homebaking Meringue pieces)
- black writing icing tube

### You will also need

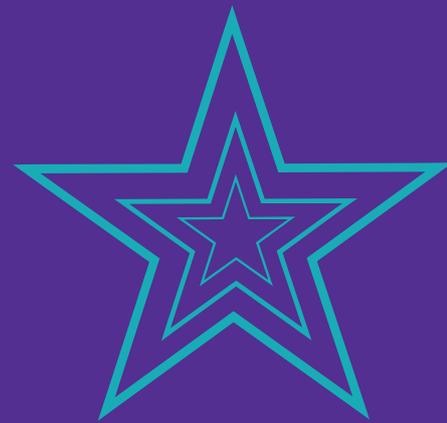
- 8 cellophane bags (15 x 25cm) or 8 x 40cm cellophane squares
- 8 brown pipe cleaners
- labels and string or ribbon
- 22-23cm round plate, cake tin or cardboard template

### Method

1. Put the butter, vanilla and sugar in a big mixing bowl and stir together with a wooden spoon until really smooth. Stir in the ground rice first, then the flour. If it starts to get dry, you might need to use your hands to squish everything together to make a smooth dough.
2. Put a piece of baking parchment on a baking sheet. Make the dough into a round ball in the middle of the parchment, then use your hands to push it down and flatten it. Get a rolling pin and dust it with some flour so it doesn't stick to the dough. Use the rolling pin to roll the dough out to a big circle.
3. Get your 22-23cm round plate, cake tin or cardboard template and place on top of the dough when you've rolled it big enough. Use a cutlery knife to trim round the edges to make a neat circle and throw away the trimmings.
4. Use a knife to mark the giant biscuit into 8 smaller wedge-shaped biscuits – pretend you are cutting a pizza into slices but don't actually cut it. Prick lines from the edge to the centre of the dough. Use the back of a fork to press all around the top of the circle along the edge to make a line pattern (it's going to be hair for your reindeer!)
5. Cover with cling film and put the tray in the fridge for 30 mins to get cold. Heat oven to 180C/160C fan/gas 4. Cook the chilled shortbread for 25 mins until golden. Cool completely on the tray, then use a sharp knife to follow the lines you made with a fork and cut into 8 wedges.
6. Mix the icing sugar with 1-2 tsp of water to make a thickish icing. Dunk each Smartie in and use like glue to stick one on the pointy end of each biscuit to make red noses. Dunk in your white sweets or chocolate buttons and stick them 2cm in from the edge at the other end to be eyes. Use the black writing icing tube to add dots to the white eyes, then let all the icing dry and go hard.
7. Carefully wrap each biscuit in a square of cellophane or put in a cellophane bag. Twist the middle of a pipe cleaner in a loop around the top of the bag or gathered cellophane to enclose the biscuit. Now twist each end of the pipe cleaner so it looks like the reindeer's antlers. Add labels and give to your friends and family, or hang on the tree. Will keep for up to 3 days in a cool, dry place.



# Out and About



## Winter Scavenger Hunt

If you want to get the kids out and about, but need a focus to keep them out of mischief, then a winter scavenger hunt could be the solution. We particularly love this one as it uses a combination of pictures and words, making it ideal for pre-readers as well. It's also great because the kids aren't only tasked with finding items; they are also encouraged to spot smells and sounds. It's a great way to really immerse the family in a winter activity.

## Puddle Jumping

Pull on the wellies, grab some waterproofs, and go and make peace with the British winter rain. Jumping in puddles is one of the joys of childhood and, by planning for it, everyone will be happy. A good squelch through some mud will also create fun from the bad weather.

## Stroll in the Woods

The woods draw our attention in autumn with their vibrant colours, but don't miss out on beautiful winter woodland walks. Often the lack of foliage opens up another side to our woods and you can get glimpses of views you wouldn't normally see. It's also a perfect way to discuss the seasons, clamber along fallen trunks, and spy some vibrant red berries.

## Make a Bird Feeder and Get Watching

Our little-feathered friends could do with a helping hand at this time of year and fortunately this coincides with a fabulous winter activity for kids. Use cardboard toilet rolls, peanut butter and bird seed to make simple bird-feeders. Search on line for ideas to make a bird feeder. String them up in the garden where they can be seen from the window, then get watching! Which British birds can you spot?

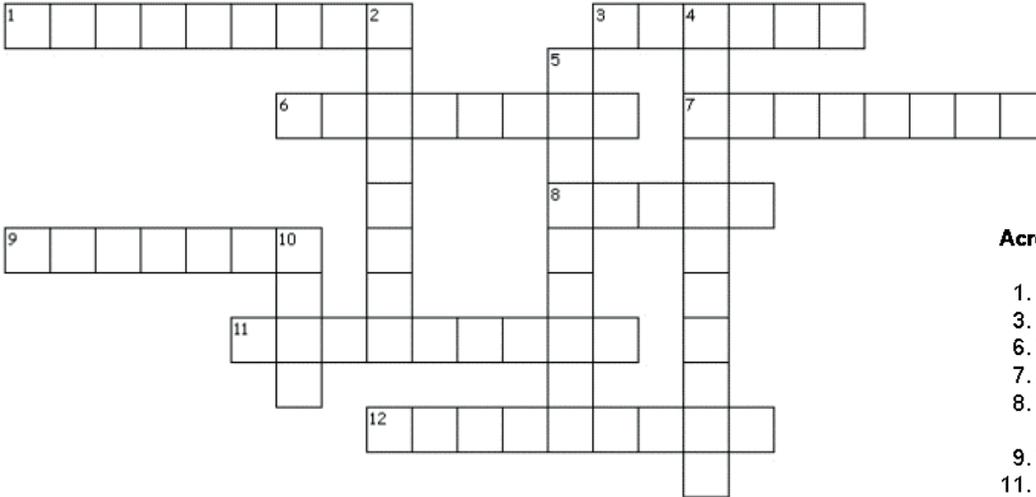
## Winter Picnics

We tend to associate picnics with the warmer sunny days, but you just need to take a different approach. Pack up a flask of warming soup, and wrap hot, freshly-cooked sausages in layers of foil and newspaper, then head out for a winter picnic. Enjoy a brisk walk and then indulge in your winter fare.





# Christmas Crossword



### Down

- 2. Keeper of the flocks.
- 4. House made of sweet treats.
- 5. The \_\_\_\_\_ were hung by the chimney with care.
- 10. Bright light marks the way.

### Across

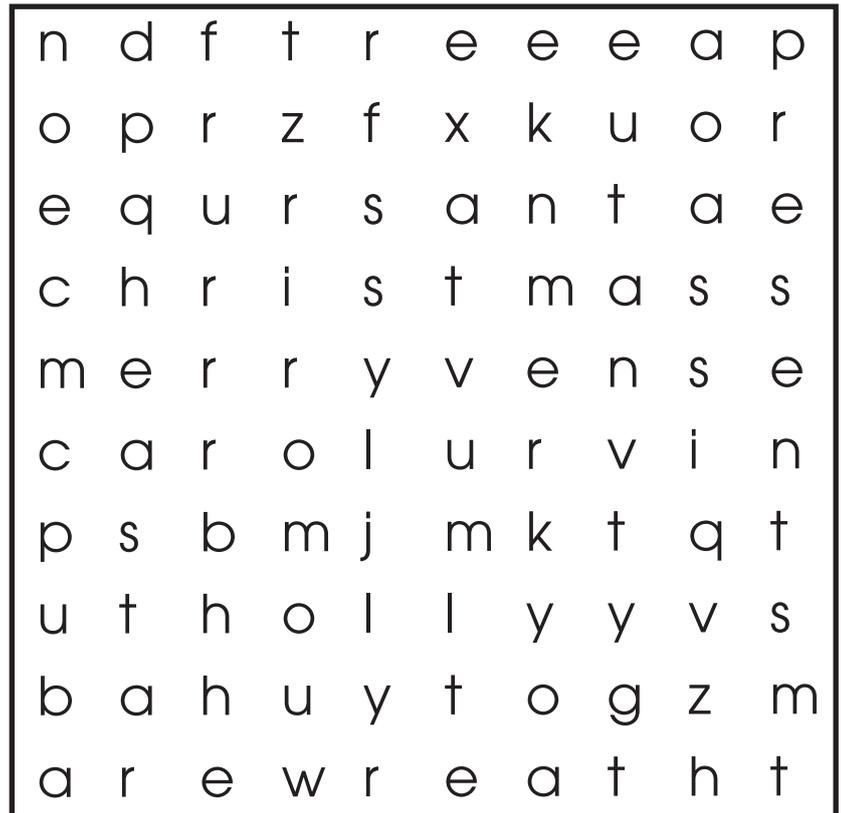
- 1. Pretty baubles to hang on the Christmas tree.
- 3. Guardians who announce the good news.
- 6. Wrapped with love.
- 7. Jolly old Saint \_\_\_\_\_.
- 8. Dasher, dancer, prancer, vixen, \_\_\_\_\_, cupid, donner, blitzen
- 9. Warm snacks for Santa.
- 11. Sweet and red and white.
- 12. We wish you a merry \_\_\_\_\_.

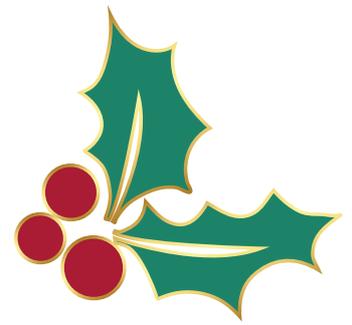
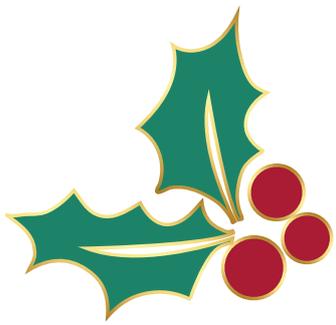


# Christmas Word Search



- carol
- Christmas
- holly
- merry
- presents
- Santa
- star
- tree
- wreath





# Christmas Colouring



# Projects

## Big Hopes Big Future

---



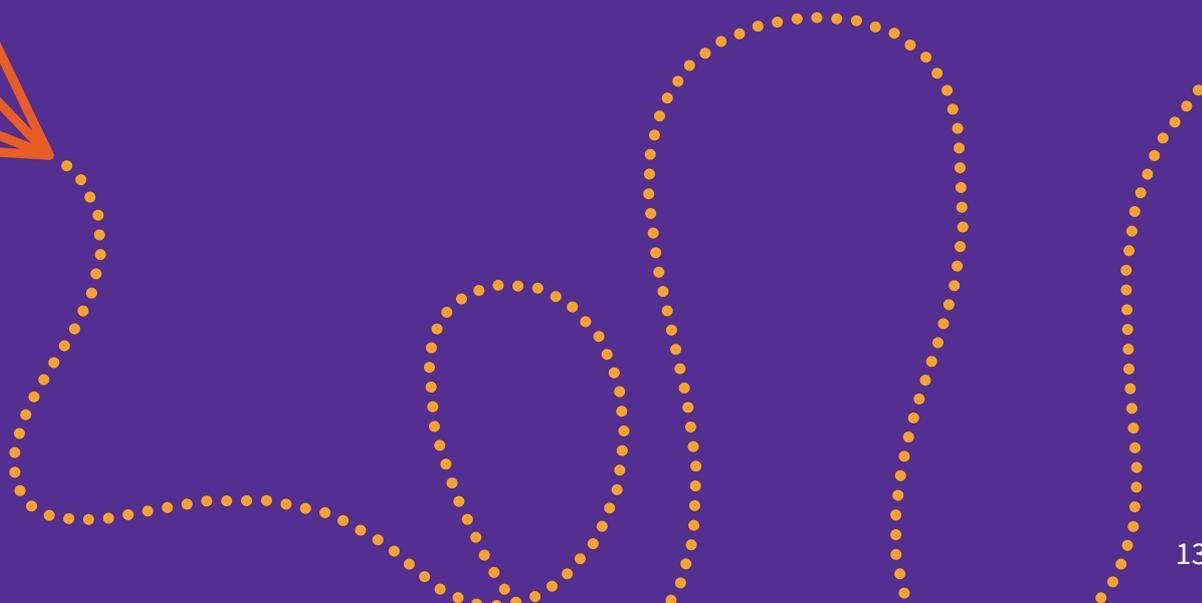
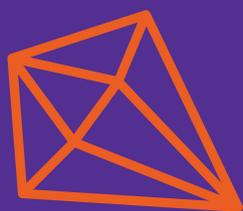
**BHBF is Home-Start's school readiness programme. After a successful pilot run by Home-Start UK, Home-Start Blackpool, Fylde & Wyre decided to provide this tailor-made support to families who have children due to attend nursery or school.**

**The training for volunteers to deliver this intervention is a stand-alone two day course, however due to benefits of the training for home visiting as well as school readiness, it was decided to incorporate the BHBF content in the Preparation Course for all volunteers. This means that the vast majority of our volunteers are now fully equipped to support with issues relating specifically in guiding the family, child and home throughout the important transition to education.**

**We have supported families with a wide range of issues, including:**

- **Establishing routines to ensure the child arrives at nursery or school on time**
- **Supporting children to play and share with other children**
- **Supporting children to dress, use the toilet and feed themselves**
- **Supporting parents to engage with play and other skills e.g. counting, recognising colours**
- **Ensuring both parents and children will cope when away from each other.**

**Often providing a very quick results, we are looking at developing the delivery of BHBF within a group setting.**



# Projects

## LENA Speech & Language Development

The earliest years make the biggest impact. Home-Start's Home-Talk programme makes sure those years count so that no child's future is limited.

Research has shown that the number of words children hear in their first days, months and years have a huge impact on their development in later life.

There is an estimated gap of over 30 million words heard by children from more disadvantaged backgrounds by the age of four<sup>1</sup>, and children from higher-income families typically have twice the vocabulary size of children from lower-income families.

Which is why Home-Start is working with the American organisation, the LENA Foundation, to bring their language development project LENA Home™ to the UK.

### What is Home-Talk?

Home-Talk is a coaching programme for parents of children from birth to three years of age. Trained volunteers support families in their own homes to increase their communication and interaction with their child to ensure they get the best start in life.

A structured programme over 12 weekly visits is supported by the use of ground-breaking technology developed by the LENA Foundation, which gives families personalised data on how many words a child is hearing and how many conversations they are engaged

in. This information allows parents to work with their volunteer to be aware of how they are engaging with their children, and look for ways of increasing the number of words their child hears.

Early research into Home-Talk has shown that children are hearing more words and families are making positive changes in their home environment, making those early years count.

Home-Start UK is currently funded by Nesta to work with local Home-Starts in West Dorset, Blackpool Fylde and Wyre, Central Lancashire, and Mid & West Suffolk. We are also working with Home-Start Oldham, Stockport and Tameside (HOST) and Newcastle University on providing more UK evidence for the programme.



### Talk More

Parents are encouraged and supported to talk to babies and children as much as possible.

Success = Baby / Child hears more words.

### Respond More

Parents are encouraged and supported to respond to gestures, vocalisations and speech, making communication two way.

Success = Parent and Baby have regular "conversations."

### Achieve More

Parent and Baby / Child can build a relationship. Baby's brain makes connections on which countless others will be built, preparing them for understanding, communicating, learning, playing, school and the rest of their lives.

Success = Achieving More!



# Volunteer!

Because childhood can't wait

**HOME  
START**

**Blackpool,  
Fylde & Wyre**

Home-Start volunteers visit families at home each week supporting parents in situations as diverse as isolation, bereavement, multiple births, or are just finding parenting a struggle.

#### Parents can you help?

Could you become a Home-Start volunteer? Can you spare 2-3 hours a week to visit a family in their home? Many parents need help, friendship or support during those early years of being a parent. We train all of our volunteers and your experience as a parent could really help others.

#### For More Information on Volunteering

Call: 01253 728615

Email: [enquiries@homestartbfw.org.uk](mailto:enquiries@homestartbfw.org.uk)

Website: [www.homestartbfw.org.uk](http://www.homestartbfw.org.uk)

# Our Volunteers

## And Their Training

### Our Challenge: Childhood Can't Wait

Home-Start is a local community network of trained volunteers and expert support helping families with young children through challenging times.

That means we're there for parents when they need us most, because childhood can't wait.

How we do it: Helping parents to be the best they can be. There's no judgement, just compassionate, confidential help and expert support. Starting in the home, our approach is as individual as the families we work with.

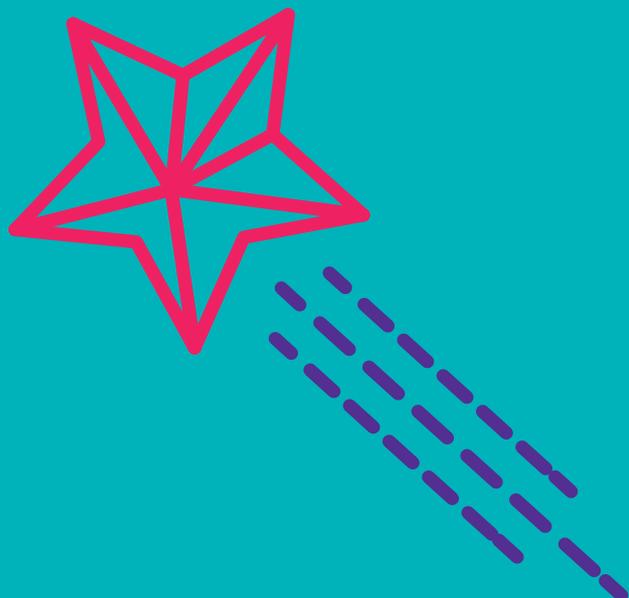
Over the year we have trained 28 new volunteers, who have completed a 40 hour Preparation Course before becoming a volunteer. Once our volunteers are trained, they will use the skills they learnt on the course to make a difference to a family. They cover a wide range of modules, for example:

- The principles of Home-Start
- Role of a Home-Start Volunteer
- Being a Home-Start Volunteer
- Supervision and support
- Values and attitudes
- Family life and supporting parents
- Confidentiality
- Listening
- Safeguarding & Protecting Children
- Keeping safe



# Our Volunteers

## Fundraising Shop



**Opening Hours**  
**Monday- Saturday**  
**10:00am - 4:00pm**

We are working with 25 amazing volunteers who give up their time to help in our shop, which is going from strength to strength.

If you would like to volunteer in the shop please call our office on 01253 728615 or call and speak to Sue Uttley our shop manager on 07827 876066.





# HOME START Blackpool, Fylde & Wyre

## Home-Start office closure over Christmas

- 12 noon on Tuesday 24th December until  
Monday 6th January 2020

**If your call is urgent please contact Children's  
Social Care on Blackpool:** 01253 477600  
**Fylde & Wyre** - 0300 123 6720

**Or place the receiver and dial 999**

**Childline** - 08001111

**National Centre for Domestic Violence** -  
0800 970 2070

**Fylde Coast Womens Aid** - 01253 596699

**Mental Health Help line** - 01253 651355

**Help Direct** - 0303 333 1010

**Dental Help Line, out of hours** - (01253) 306378

**Mind Matters** - 01253 955943

**Benefits helpline** - 0800 055 6688

**Non Emergency Services** - 101

**Lancashire police local number** - 01253 607043 /  
0845 1253545

**Lancashire County Council Children's  
Social Care** - 03001236720

Check out our website or search for us on  
social media for events & giveaways!

### Facebook page

Home-Start Blackpool, Fylde & Wyre - @hsbfw

**Home-Start BFW Fundraising Shop** - @hsbfwshop

**Twitter** @HomeStartBFW

### Search these Facebook Pages for Freebies

Lytham Leg Up

Community Action Group (C.A.G)

Change for life.

### Fundraising

[www.smile.amazon.co.uk](http://www.smile.amazon.co.uk)

- choose Home-Start BFW as your charity

[www.justgiving.com/homestart-blackpool-fylde-wyre](http://www.justgiving.com/homestart-blackpool-fylde-wyre)

### Home-Start Blackpool, Fylde and Wyre

Blackpool Stadium, West Stand, First Floor

Seasider's Way

Blackpool FY1 6JJ

**Tel: 01253 728615**

**Email: [enquiries@homestartbfw.org.uk](mailto:enquiries@homestartbfw.org.uk)**

**[www.homestartbfw.org.uk](http://www.homestartbfw.org.uk)**

**Charity Number: 1124945**